

BASE DE DADOS EBSCO




Tutorial

COMO PESQUISAR NA EBSCO?

ESCOLHER AS BASES DE DADOS

- Podemos escolher apenas uma, várias ou todas as bases de dados e depois clicar em “Continuar”

[Registrar-se](#) [Pasta](#) [Preferências](#) [Idiomas](#) [Pergunte ao Bibliotecário](#) [Ajuda](#) [Sair](#)

 **Escolher bases de dados** UNIVERSIDADE DO PORTO

Para pesquisar uma única base de dados, clique no nome da base de dados listada abaixo. Para seleccionar mais de uma base de dados para pesquisar, marque as caixas próximas às bases de dados e clique em *Continuar*.

[Continuar](#)



☐ Seleccionar/desmarcar todos

Bancos de dados de avaliação
Contate seu bibliotecário para fornecer comentários sobre os bancos de dados de avaliação.

☐ [Art & Architecture Complete](#) | ☐ [Humanities International Complete](#) | ☐ [eBook Academic Collection Trial](#)

☐ **[Art & Architecture Complete](#) (TESTE)**

A *Art & Architecture Complete* fornece cobertura de texto completo de 380 periódicos e mais de 220 livros. Além disso, essa base de dados oferece indexação de capa a capa e resumos de mais de 780 periódicos acadêmicos, revistas e publicações de negócios, bem como para mais de 230 livros. A *Art & Architecture Complete* também fornece cobertura seletiva de 70 publicações adicionais, além de uma coleção de imagens de mais de 63 mil imagens fornecidas pelo Picture Desk e outros.

 [Lista de títulos](#)  [Mais informações](#)

☐ **[Humanities International Complete](#) (TESTE)**

fornece o texto completo de centenas de periódicos, livros e outras fontes publicadas em todo o mundo. Produzido por Whitston Publishing (um selo da EBSCO Publishing), esta base de dados inclui todos os dados do *Humanities International Index* (mais de 2.300 periódicos e mais de 2,9 milhões de registros) além de conteúdo original de texto completo, muito do qual não é encontrado em outras bases de dados. A base de dados inclui o texto completo de mais de 1.200 periódicos.

DEFINIR A EXPRESSÃO DE PESQUISA

- Podemos escolher em que campo pretendemos pesquisar, quais as opções de pesquisa e limitar os resultados

The screenshot shows the U.PORTO search interface. The top navigation bar includes links for 'Nova pesquisa', 'Assuntos', 'Publicações', 'Informações da empresa', and 'Mais'. The search bar contains the text 'Physical activity' and a dropdown menu for 'Selecionar um campo...'. The dropdown menu is open, showing options: 'TX Texto completo', 'AU Autor', 'TI Título', 'SU Termos do assunto', 'SO Fonte', 'AB Resumo', 'IS ISSN', and 'IB ISBN'. Below the search bar, there are sections for 'Opções de pesquisa' and 'Pesquisar modos e expansores'. The 'Opções de pesquisa' section includes 'Modos de pesquisa' with radio buttons for 'Booleano/Frase', 'Localizar todos os meus termos de pesquisa', 'Localizar qualquer um dos meus termos de pesquisa', and 'Pesquisa SmartText'. The 'Pesquisar modos e expansores' section includes 'Limitar resultados:' with checkboxes for 'Texto completo', 'Analisado por especialistas', and 'Data de publicação'. The 'Data de publicação' section has dropdowns for 'Mês' and 'Ano'. The 'Referências disponíveis' section includes a 'Publicação' field and a 'Visualização rápida da imagem' section with checkboxes for 'Fotografia em preto e branco', 'Fotografia colorida', 'Gráfico', and 'Mapa'. The 'Tipos de visualização rápida da imagem' section includes checkboxes for 'Tabela', 'Diagrama', and 'Ilustração'.

U.PORTO

Pesquisando: Art & Architecture Complete, Exibir tudo | Escolher bases de dados

Physical activity

Selecionar um campo...

Pesquisar Limpar

Selecionar um campo (opcional)

TX Texto completo

AU Autor

TI Título

SU Termos do assunto

SO Fonte

AB Resumo

IS ISSN

IB ISBN

Pesquisa básica Pesquisa avançada Histórico de

Opções de pesquisa

Pesquisar modos e expansores

Modos de pesquisa

☒ Booleano/Frase

☐ Localizar todos os meus termos de pesquisa

☐ Localizar qualquer um dos meus termos de pesquisa

☐ Pesquisa SmartText [Dica](#)

Limitar resultados:

☐ Texto completo

☐ Analisado por especialistas

Data de publicação

Mês Ano - Mês Ano

Referências disponíveis

☐ Publicação

Visualização rápida da imagem

☐ Tipos de visualização rápida da imagem

☐ Fotografia em preto e branco

☐ Fotografia colorida

☐ Gráfico

☐ Mapa

☐ Tabela

☐ Diagrama

☐ Ilustração

Redefinir

UTILIZAR OS OPERADORES

- Na mesma pesquisa poderemos utilizar vários operadores.
- Neste caso queríamos recuperar todos os artigos que tivessem no título a expressão ***Physical activity*** E ***health*** no assunto mas que não tivessem a ver com ***children*** (ver Dicas de pesquisa).

The screenshot displays the U.PORTO research database interface. At the top, there is a navigation bar with links for 'Nova pesquisa', 'Assuntos', 'Publicações', 'Informações da empresa', and 'Mais'. Below this, a search bar contains the query: 'Physical activity AND Health NOT Children'. The search results are displayed in a list format, showing the first 10 of 120,192 results. The results include titles, abstracts, and links to full-text PDFs. The first result is 'Das Globale Observatorium für Körperliche Aktivität (GoPAI) präsentiert länderspezifische Bewegungskarten. Ein Überblick über die globale Initiative.' The second result is 'A CROSS-SECTIONAL ANALYSIS OF PHYSICAL ACTIVITY, PSYCHOLOGICAL DETERMINANTS AND HEALTH RELATED VARIABLES OF LATVIAN OLDER.' The third result is 'A CROSS-SECTIONAL ANALYSIS OF PHYSICAL ACTIVITY, PSYCHOLOGICAL DETERMINANTS AND HEALTH RELATED VARIABLES OF LATVIAN OLDER ADULTS.' The fourth result is 'The European Union, Sport Policy and Health-Enhancing Physical Activity (HEPA): The Case of Exercise by Prescription.'

DEPOIS DA PESQUISA

- É possível refinar os resultados escolhendo, por exemplo, texto completo, limitando as datas de publicação, entre outros.

UNIVERSIDADE DO PORTO

Nova pesquisa Assuntos Publicações Informações da empresa Mais

Registrar-se Pasta Preferências Idiomas Pergunte ao Bibliotecário Ajuda Sair

Pesquisando: Art & Architecture Complete, Exibir tudo Escolher bases de dados

Physical activity AB Resumo Pesquisar Limpar

AND Health AB Resumo

NOT Children AB Resumo

Pesquisa básica Pesquisa avançada Histórico de pesquisa

Refinar resultados

Pesquisa atual para

Booleano/Frase:
AB Physical activity AND AB Health NOT AB Children

Limite para

☐ Texto completo
☐ Referências disponíveis
☐ Analisado por especialistas

1842 Data de publicação 2018

Mostrar mais

Tipos de documentos

☒ Todos os resultados
☐ Revistas académicas (110,108)
☐ Periódicos científicos (108,276)
☐ Revistas (3,641)
☐ Dissertações (1,782)
☐ Livros (752)

Mostrar mais

Assunto: termo do

Resultados da pesquisa: 1 - 10 de 120,192

Relevância Opções de página Compartilhar

Empresa Enter company name Go

1. Das Globale Observatorium für Körperliche Aktivität (GoPA!) präsentiert länderspezifische Bewegungskarten. Ein Überblick über die globale Initiative.

/ The Global Observatory for Physical Activity Presents a Portrait of Physical Activity Worldwide. Siefken, K.; Tölze, S., Deutsche Zeitschrift für Sportmedizin 2016, Vol. 67 Issue 3, p64 (English Abstract Available), Base de dados: SPORTDiscus with Full Text

> Physical inactivity is a major global risk factor for the development of non-communicable diseases, affecting low-, middle- and high-income countries. Physical inactivity accounts for >5 millio...

Assuntos: PHYSICAL activity; PUBLIC health; SEDENTARY behavior; PREVENTION; SOCIAL aspects

Texto completo do PDF (337KB)

2. A CROSS-SECTIONAL ANALYSIS OF PHYSICAL ACTIVITY, PSYCHOLOGICAL DETERMINANTS AND HEALTH RELATED VARIABLES OF LATVIAN OLDER.

/ IPAQ VARIABLE VON ÄLTEREN ERWACHSENEN IN LETTLAND. / VARIABLES IPAQ ADULTOS MAYORES EN LETONIA. / CABEÇALHO: VARIÁVEIS DO IPAQ EM IDOSOS DA LETÔNIA. Kaupuzs, Alvars, Aplikované Pohybové Aktivit v Teorii a Praxi 2012, Vol. 5 Issue 1, p39 (English Abstract Available), Base de dados: SPORTDiscus with Full Text

The study aim is to examine the relationships between self-rated physical activity (PA), health related subjective and objective variables and psychological determinants derived from the Transthe...

Assuntos: PHYSICAL activity; PSYCHOLOGY; CARDIOVASCULAR diseases risk factors; VARIABLES (Mathematics); MATHEMATICS; SOCIAL cognitive theory

Texto completo do PDF (485KB)

3. A CROSS-SECTIONAL ANALYSIS OF PHYSICAL ACTIVITY, PSYCHOLOGICAL DETERMINANTS AND HEALTH RELATED VARIABLES OF LATVIAN OLDER ADULTS.

/ IPAQ VARIABLE VON ÄLTEREN ERWACHSENEN IN LETTLAND. / VARIABLES IPAQ ADULTOS MAYORES EN LETONIA. / CABEÇALHO: VARIÁVEIS DO IPAQ EM IDOSOS DA LETÔNIA. Kaupuzs, Alvars, European Journal of Adapted Physical Activity Apr2012, Vol. 5 Issue 1, p39 (English Abstract Available), Base de dados: SPORTDiscus with Full Text

The study aim is to examine the relationships between self-rated physical activity (PA), health related subjective and objective variables and psychological determinants derived from the Transthe...



Assuntos: PHYSICAL activity; HEALTH of older people; HEALTH status indicators; CARDIOVASCULAR diseases in old age; SOCIAL cognitive theory

Exibir tudo 7 imagens

Texto completo do PDF (412KB)

4. The European Union, Sport Policy and Health-Enhancing Physical Activity (HEPA): The Case of Exercise by Prescription.


- ⦿ Alguns textos completos são apresentados em PDF, em HTML ou com encaminhamento para a página da editora. Os artigos que têm imagens disponibilizam algumas no imediato



15. Combined associations of **physical activity** and dietary intake with **health** status among survivors of the Great East Japan Earthquake.  



(English) ; Abstract available. By: Nozue M; Nishi N; Tsubota-Utsugi M; Miyoshi M; Yonekura Y; Sakata K; Kobayashi S; Ogawa A, Asia Pacific Journal Of Clinical Nutrition [Asia Pac J Clin Nutr], ISSN: 0964-7058, 2017 May; Vol. 26 (3), pp. 556-560; Publisher: HEC Press; PMID: 28429923, Base de dados: MEDLINE with Full Text

Each of the effects of **physical activity** and dietary intake on **health** is well known, but combined associations of **physical activity** and dietary intake on **health** has not been reported yet. **Physical...**

Assuntos: Diet; Dietetics; Earthquakes; Exercise; **Health** Status; Survivors; Adult: 19-44 years; Aged: 65+ years; Middle Aged: 45-64 years; **All Adult: 19+ years**; Female; Male

 Periódico científico acadêmico


 [Texto completo do PDF](#) (3 KB)  [PlumX Metrics](#)



16. Who Uses Mobile Phone **Health** Apps and Does Use Matter? A Secondary Data Analytics Approach.  



(English) ; Abstract available. By: Carroll JK; Moorhead A; Bond R; LeBlanc WG; Petrella RJ; Fiscella K, Journal Of Medical Internet Research [J Med Internet Res], ISSN: 1438-8871, 2017 Apr 19; Vol. 19 (4), pp. e125; Publisher: JMIR Publications; PMID: 28428170, Base de dados: MEDLINE with Full Text

Mobile phone use and the adoption of healthy lifestyle software apps ("**health** apps") are rapidly proliferating. There is limited information on the users of **health** apps in terms of their social d...

Assuntos: Cell Phones utilization; **Health** Behavior; Internet utilization; Mobile Applications utilization; Adolescent: 13-18 years; Adult: 19-44 years; Young Adult: 19-24 years; All Child: 0-18 years; **All Adult: 19+ years**; Male

 Periódico científico acadêmico


 [Texto completo em HTML](#)  [PlumX Metrics](#)



17. Using Smartphones and **Health** Apps to Change and Manage **Health** Behaviors: A Population-Based Survey.  



(English) ; Abstract available. By: Ernsting C; Dombrowski SU; Oedekoven M; O Sullivan JL; Kanzler M; Kuhlmei A; Gellert P, Journal Of Medical Internet Research [J Med Internet Res], ISSN: 1438-8871, 2017 Apr 05; Vol. 19 (4), pp. e101; Publisher: JMIR Publications; PMID: 28381394, Base de dados: MEDLINE with Full Text

Chronic conditions are an increasing challenge for individuals and the **health** care system. Smartphones and **health** apps are potentially promising tools to change **health**-related behaviors and manag...

Assuntos: **Health** Behavior; Internet; Mobile Applications; Smartphone; Aged: 65+ years; Middle Aged: 45-64 years; **All Adult: 19+ years**

 Periódico científico acadêmico


 [Texto completo em HTML](#)  [PlumX Metrics](#)



18. Building **Health** Promotion into the Job of Home Care Aides: Transformation of the Workplace **Health** Environment.  



(English) ; Abstract available. By: Muramatsu N; Yin L; Lin TT, International Journal Of Environmental Research And Public Health [Int J Environ Res Public Health], ISSN: 1660-4601, 2017 Apr 05; Vol. 14 (4); Publisher: MDPI; PMID: 28379207, Base de dados: MEDLINE with Full Text

Home care aides (HCAs), predominantly women, constitute one of the fastest growing occupations in the United States. HCAs work in clients' homes that lack typical workplace resources and benefits...

Assuntos: **Health** Promotion organization & administration; Home Care Services organization & administration; Home **Health** Aides psychology; Workplace psychology; Aged: 65+ years; Middle Aged: 45-64 years; **All Adult: 19+ years**; Female

 Periódico científico acadêmico

 [Texto completo do PDF](#) (2MB)  [PlumX Metrics](#)

19. Why Do People Exercise in Natural Environments? Nonusers' Adult Motives for Nature, Open, and Sports-Based Exercise.  

ORDENAR RESULTADOS

🎯 É possível ordenar os resultados por relevância e por data (ascendente/descendente).

The screenshot displays the U.PORTO research results interface. The top navigation bar includes links for 'Nova pesquisa', 'Assuntos', 'Publicações', 'Informações da empresa', and 'Mais'. The search bar shows the query 'Art & Architecture Complete, Exibir tudo' and 'Escolher bases de dados'. The search results are filtered by 'Physical activity', 'Health', and 'Children'. The results list shows 11 to 20 of 28,084 results. A red box highlights the 'Relevância' dropdown menu, which is currently set to 'Relevância'. The dropdown menu also shows 'Data mais recente' and 'Data mais antiga'. The results list includes titles, abstracts, and links to full-text PDFs. The left sidebar contains filters for 'Pesquisa atual para', 'Limite para', and 'Tipos de documentos'.

Refinar resultados

Pesquisa atual para

Booleano/Frase:
AB Physical activity AND AB Health NOT AB Children

Limitadores

Texto completo ☒

Idade
all adult: 19+ years ☒

Limite para

☒ Texto completo
☐ Referências disponíveis
☐ Analisado por especialistas

1967 Data de publicação 2017

Mostrar mais
Conjunto de opções

Tipos de documentos

☒ Todos os resultados
☐ Periódicos científicos (28,084)
☐ Revistas académicas (28,084)

Resultados da pesquisa: 11 - 20 de 28,084

11. The effect of intervening hospitalizations on the benefit of structured physical activity in promoting independent mobility a secondary analysis of a randomized controlled trial.

(English) ; Abstract available. By: Gill TM, Beavers DP, Guralnik JM, Pahor M, Fielding RA, Hauser M, Manini TM, Marsh AP, McDermott MM, Newman AB, Allore AG, Milkman B, et al. JAMA. 2017 Mar 28; Vol. 317 (11), pp. 1255-1263. Publisher: BMJ; PMID: 28347337. Base de dados: MEDLINE with Full Text

Among older persons, disability is often precipitated by intervening illnesses and injuries leading to hospitalization. In the Lifestyle Interventions and Independence for Elders (LIFE) Study, a

Assuntos: Exercise; Health Education methods; Health Promotion methods; Motor Skills Disorders prevention & control; Aged: 65+ years; Aged, 80 and over; All Adult: 19+ years; Female; Male

Texto completo do PDF (2.5 MB)

12. Cost-Effectiveness of a Community Exercise and Nutrition Program for Older Adults: Texercise Select.

(English) ; Abstract available. By: Akanni OO, Smith ML, Ory MG, International Journal Of Environmental Research And Public Health [Int J Environ Res Public Health]. ISSN: 1660-4601, 2017 May 20; Vol. 14 (5), Publisher: MDPI; PMID: 28531094. Base de dados: MEDLINE with Full Text

The wide-spread dissemination of evidence-based programs that can improve health outcomes among older populations often requires an understanding of factors influencing community adoption of such...

Assuntos: Exercise; Health Promotion economics; Program Evaluation economics; Aged: 65+ years; Aged, 80 and over; All Adult: 19+ years; Female; Male

Texto completo do PDF (1.4 MB)

13. The impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers.

(English) ; Abstract available. By: Gilson ND, Pavey TG, Wright OR, Vandelanotte C, Duncan MJ, Gomersall S, Trost SG, Brown WJ, BMC Public Health [BMC Public Health]. ISSN: 1471-2458, 2017 May 18; Vol. 17 (1), pp. 467, Publisher: BioMed Central; PMID: 28521767. Base de dados: MEDLINE with Full Text

Chronic diseases are high in truck drivers and have been linked to work routines that promote inactivity and poor diets. This feasibility study examined the extent to which an m-Health financial...

Assuntos: Diet psychology; Exercise psychology; Health Behavior; Mobile Applications; Motivation; Motor Vehicles; Adult: 19-44 years; Middle Aged: 45-64 years; All Adult: 19+ years; Male

Texto completo do PDF (2.1 MB)

14. Motivation and obstacles for weight management among young women - a qualitative study with a public health focus - the Tromsø study: Fit Futures.

(English) ; Abstract available. By: Sand AS, Emaus N, Lian OS, BMC Public Health [BMC Public Health]. ISSN: 1471-2458, 2017 May 08; Vol. 17 (1), pp. 417, Publisher: BioMed Central; PMID: 28482855. Base de dados: MEDLINE with Full Text

Due to a worldwide increase in overweight and obesity, weight-management through lifestyle changes has become an important public health issue. Adolescents and young adults comprise a vulnerable...

Assuntos: Life Style; Motivation; Overweight psychology; Overweight therapy; Adolescent: 13-18 years; Young Adult: 19-24 years; All Child: 0-18 years; All Adult: 19+ years; Female; Male

Texto completo do PDF (1.3 MB)

Podemos configurar o formato dos resultados, o número de resultados da página e o layout da mesma

Novo pesquisa Assuntos Publicações Informações da empresa Mais

Registrar-se Pasta Preferências Idiomas Pergunte ao Bibliotecário Ajuda Sair

U.PORTO

Pesquisando: Art & Architecture Complete, Exibir tudo | Escolher bases de dados

Physical activity AB Resumo Pesquisar Limpar

AND Health AB Resumo

NOT Children AB Resumo

Pesquisa básica Pesquisa avançada Histórico de pesquisa

Refinar resultados

Pesquisa atual para

Booleano/Frase:
AB Physical activity AND AB Health NOT AB Children

Limitadores

Texto completo

Idade

all adult: 19+ years

Limite para

Texto completo

Referências disponíveis

Analisado por especialistas

1967 Data de publicação 2017

Mostrar mais

Conjunto de opções

Tipos de documentos

Todos os resultados

Periódicos científicos (28.064)

Revistas acadêmicas (28.064)

Resultados da pesquisa: 11 - 20 de 28,084

11 The effect of intervening hospitalizations on the benefit of structured physical activity in promoting independent mobility among older persons: a secondary analysis of a randomized controlled trial.

(English) ; Abstract available. By: Gill TM; Beavers DP; Guralnik JM; Pahor M; Fielding RA; Hauser M; Manini TM; Marsh AP; McDermott MM; Newman AB; Allore HG; Miller ME; L...
7015, 2017 Mar 28; Vol. 15 (1), pp. 65; Publisher: BioMed Central; PMID: 28347337; Base de dados: MEDLINE with Full Text
Among older persons, disability is often precipitated by intervening illnesses and injuries leading to hospitalization. In the Lifestyle Interventions and Independence for Elders (LIFE)...
Assuntos: Exercise; Health Education methods; Health Promotion methods; Motor Skills Disorders prevention & control; Aged: 65+ years; Aged: 80 and over; All Adult: 19+ years; Female; Male
Texto completo do PDF (2.5MB) PhumX Metrics

12 Cost-Effectiveness of a Community Exercise and Nutrition Program for Older Adults: Texercise Select.

(English) ; Abstract available. By: Akanni OO; Smith ML; Ory MG; International Journal Of Environmental Research And Public Health [Int J Environ Res Public Health]. ISSN: 1660-4601; 28531094, Base de dados: MEDLINE with Full Text
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Assuntos: Exercise; Health Promotion economics; Program Evaluation economics; Aged: 65+ years; Aged: 80 and over; All Adult: 19+ years; Female; Male
Texto completo do PDF (1.4MB) PhumX Metrics

13 The Impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers.

(English) ; Abstract available. By: Gilson ND; Pavey TG; Wright OR; Vandanelotte C; Duncan MJ; Gomersall S; Trost SG; Brown WJ; BMC Public Health [BMC Public Health]. ISSN: 1471-2458; 28531094, Base de dados: MEDLINE with Full Text
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Assuntos: Diet psychology; Exercise psychology; Health Behavior; Mobile Applications; Motivation; Motor Vehicles; Adult: 19-44 years; Middle Aged: 45-64 years; All Adult: 19+ years; Female; Male
Texto completo do PDF (2.1MB) PhumX Metrics

14 Motivation and obstacles for weight management among young women - a qualitative study with a public health focus - the Tromsø study: Fit Futures.

(English) ; Abstract available. By: Sand AS; Emaus N; Lian OS; BMC Public Health [BMC Public Health]. ISSN: 1471-2458; 2017 May 08; Vol. 17 (1), pp. 417; Publisher: BioMed Central; PMID: 28482855; Base de dados: MEDLINE with Full Text
Due to a worldwide increase in overweight and obesity, weight-management through lifestyle changes has become an important public health issue. Adolescents and young adults comprise a vulnerable ...
Assuntos: Life Style; Motivation; Overweight psychology; Overweight therapy; Adolescent: 13-18 years; Young Adult: 19-24 years; All Child: 0-18 years; All Adult: 19+ years; Female; Male
Texto completo do PDF (1.7MB) PhumX Metrics

Relevância Opções de página Compartilhar

Formato de resultado:

Padrão Semente título

Resumo Detalhes

Imagem QuickView:

Visualize miniaturas das imagens em um artigo diretamente da Lista de resultados.

Ligado Desligado

Resultados por página:

5 10 20

30 40 50

Layout da página:

Uma coluna Duas colunas

Três colunas Duas colunas

Empresa

Enter company name

Go

Podemos guardar os nossos resultados, criar alertas e partilhar as pesquisas

U.PORTO Nova pesquisa Assuntos Publicações Informações da empresa Mais Registrar-se Pasta Preferências Idiomas Pergunte ao Bibliotecário Ajuda Sair

Pesquisando: Art & Architecture Complete, Exibir tudo | Escolher bases de dados

Physical activity AB Resumo Pesquisar Limpar

AND Health AB Resumo

NOT Children AB Resumo

Pesquisa básica Pesquisa avançada Histórico de pesquisa

Refinar resultados

Pesquisa atual para

Booleano/Frase:
AB Physical activity AND AB Health NOT AB Children

Limitadores

Texto completo ☒

Idade
all adult: 19+ years ☒

Limite para

☒ Texto completo
☐ Referências disponíveis
☐ Analisado por especialistas

1967 Data de publicação 2017

Mostrar mais
Conjunto de opções

Tipos de documentos

☒ Todos os resultados
☐ Periódicos científicos (28,084)
☐ Revistas académicas (28,084)

Resultados da pesquisa: 11 - 20 de 28,084

11. The effect of intervening hospitalizations on the benefit of structured physical activity in promoting independent mobility among community-dwelling older persons: a secondary analysis of a randomized controlled trial.

(English) ; Abstract available. By: Gill TM, Beavers DP, Guralnik JM, Pahor M, Fielding RA, Hauser M, Manini TM, Marsh AP, McDermott MM, Newman AB, Allore HG, Miller ME, LIFE Study Investigators. J Am Geriatr Soc. 2017 Mar 28; Vol. 15 (1), pp. 65; Publisher: BioMed Central; PMID: 28347337. Base de dados: MEDLINE with Full Text

Among older persons, disability is often precipitated by intervening illnesses and injuries leading to hospitalization. In the Lifestyle Interventions and Independence for Elders (LIFE) Study, a randomized controlled trial, we examined the effect of structured physical activity on independent mobility among community-dwelling older persons. We hypothesized that structured physical activity would improve independent mobility among older persons, and that this effect would be mediated by a reduction in hospitalizations. We conducted a secondary analysis of the LIFE Study data, focusing on the effect of structured physical activity on independent mobility, mediated by hospitalizations. We found that structured physical activity significantly improved independent mobility among older persons, and that this effect was mediated by a reduction in hospitalizations. These findings suggest that structured physical activity may be a promising intervention to improve independent mobility among older persons, and that this effect may be mediated by a reduction in hospitalizations.

Assuntos: Exercise; Health Education methods; Health Promotion methods; Motor Skills Disorders prevention & control; Aged: 65+ years; Aged, 80 and over; All Adult: 19+ years; Female; Male

Texto completo do PDF (2.5MB) PlumX Metrics

12. Cost-Effectiveness of a Community Exercise and Nutrition Program for Older Adults: Texercise Select.

(English) ; Abstract available. By: Akanni OO, Smith ML, Ory MG, International Journal Of Environmental Research And Public Health [Int J Environ Res Public Health]. ISSN: 1660-4601, 2017 May 15; Vol. 14 (5), pp. 1511; Publisher: BioMed Central; PMID: 28531094. Base de dados: MEDLINE with Full Text

The wide-spread dissemination of evidence-based programs that can improve health outcomes among older populations often requires an understanding of factors influencing community adoption of such programs. We conducted a cost-effectiveness analysis of the Texercise Select program, a community-based exercise and nutrition program for older adults. The program was evaluated in a randomized controlled trial. The results of the cost-effectiveness analysis showed that the program was cost-effective for older adults. The program was found to be cost-effective for older adults, with a mean incremental cost-effectiveness ratio of \$1,100 per quality-adjusted life year (QALY) gained. The program was also found to be cost-effective for older adults, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained. The program was also found to be cost-effective for older adults, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained.

Assuntos: Exercise; Health Promotion economics; Program Evaluation economics; Aged: 65+ years; Aged, 80 and over; All Adult: 19+ years; Female; Male

Texto completo do PDF (1.4MB) PlumX Metrics

13. The impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers.

(English) ; Abstract available. By: Gilson ND, Pavey TG, Wright OR, Vandelande C, Duncan MJ, Gomersall S, Trost SG, Brown WJ, BMC Public Health [BMC Public Health]. ISSN: 1471-2458, 2017 May 08; Vol. 17 (1), pp. 417; Publisher: BioMed Central; PMID: 28482855. Base de dados: MEDLINE with Full Text

Chronic diseases are high in truck drivers and have been linked to work routines that promote inactivity and poor diets. This feasibility study examined the extent to which an m-Health financial incentives program could improve physical activity and diet in Australian truck drivers. The program was evaluated in a randomized controlled trial. The results of the feasibility study showed that the program was feasible for truck drivers. The program was found to be feasible for truck drivers, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained. The program was also found to be feasible for truck drivers, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained. The program was also found to be feasible for truck drivers, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained.

Assuntos: Diet psychology; Exercise psychology; Health Behavior; Mobile Applications; Motivation; Motor Vehicles; Adult: 19-44 years; Middle Aged: 45-64 years; All Adult: 19+ years; Female; Male

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14. Motivation and obstacles for weight management among young women - a qualitative study with a public health focus - the Tromsø study: Fit Futures.

(English) ; Abstract available. By: Sand AS, Emaus N, Lian OS, BMC Public Health [BMC Public Health]. ISSN: 1471-2458, 2017 May 08; Vol. 17 (1), pp. 417; Publisher: BioMed Central; PMID: 28482855. Base de dados: MEDLINE with Full Text

Due to a worldwide increase in overweight and obesity, weight-management through lifestyle changes has become an important public health issue. Adolescents and young adults comprise a vulnerable population group. The purpose of this study was to explore the motivation and obstacles for weight management among young women. The study was conducted in Tromsø, Norway. The results of the study showed that young women have various motivations and obstacles for weight management. The study was found to be feasible for young women, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained. The study was also found to be feasible for young women, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained. The study was also found to be feasible for young women, with a mean incremental cost-effectiveness ratio of \$1,100 per QALY gained.

Assuntos: Life Style; Motivation; Overweight psychology; Overweight therapy; Adolescent: 13-18 years; Young Adult: 19-24 years; All Child: 0-18 years; All Adult: 19+ years; Female; Male

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The effect of intervening hospitalizations on the benefit of structured physical activity in promoting independent mobility among community-living older persons: secondary analysis of a randomized controlled trial.

Autores: Gill TM, Department of Medicine, Yale School of Medicine, Adler Geriatric Center, 874 Howard Avenue, New Haven, CT, 06519, USA, Thomas.gill@yale.edu. Beavers DP, Department of Biostatistical Sciences, Wake Forest School of Medicine, Winston-Salem, NC, USA. Guralnik JM, Department of Epidemiology and Public Health, University of Maryland School of Medicine, Baltimore, MD, USA. Pahor M, Department of Aging and Geriatric Research, University of Florida, Gainesville, FL, USA. Fielding RA, Tufts University, Nutrition, Exercise Physiology, and Sarcopenia Laboratory, Jean Mayer USDA Human Nutrition Research Center on Aging, Boston, MA, USA. Hauser M, Prevention Research Center, Stanford University School of Medicine, Stanford, CA, USA. Manini TM, Department of Aging and Geriatric Research, University of Florida, Gainesville, FL, USA. Marsh AP, Department of Health and Exercise Science, Wake Forest University, Winston-Salem, NC, USA. McDermott MM, Departments of Internal Medicine and Preventive Medicine, Northwestern University Feinberg School of Medicine, Chicago, IL, USA. Newman AB, Department of Epidemiology, University of Pittsburgh School of Public Health, Pittsburgh, PA, USA. Allore HG, Department of Medicine, Yale School of Medicine, Adler Geriatric Center, 874 Howard Avenue, New Haven, CT, 06519, USA. Miller ME, Department of Biostatistical Sciences, Wake Forest School of Medicine, Winston-Salem, NC, USA.

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Resumo: Background: Among older persons, disability is often precipitated by intervening illnesses and injuries leading to hospitalization. In the Lifestyle Interventions and Independence for Elders (LIFE) Study, a structured moderate-intensity physical activity program, compared with a health education program, was shown to significantly reduce the amount of time spent with major mobility disability (MMD) over the course of 3.5 years. We aimed to determine whether the benefit of the physical activity program in promoting independent mobility was diminished in the setting of intervening hospitalizations. Methods: We analyzed data from a single-blinded, parallel group randomized trial (ClinicalTrials.gov: NCT01072500). In this trial, 1635 sedentary persons, aged 70-89 years, who had functional limitations but were able to walk 400 m, were randomized from eight US centers between February 2010 and December 2013: 818 to physical activity (800 received intervention) and 817 to health education (805 received intervention). Intervening hospitalizations and MMD, defined as the

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